



Redcliffe Dental Rooms

After your extraction

It is quite normal to experience some swelling to your face after a tooth extraction. An ice pack may help to reduce this.

You may also feel a little pain or some discomfort in the area of your extraction. Your dentist might have prescribed some medication for this, if so please follow the instructions given and always read the label first.

For the next twenty-four hours you should avoid:-

- Chemical mouth wash fluids
 - Hot drinks
 - Alcohol
 - Vigorous exercise
 - Smoking
1. It is important that you do not disturb the point, or surrounding area of the extracted tooth
 2. Try to chew on the opposite side of your mouth to the extracted tooth
 3. Use luke-warm, lightly salted water as a mouthwash (at least 24 hours)

If you have any questions arising from this advice sheet, or any services offered at Redcliffe Dental Rooms, please feel free to contact us.

A member of our Client Service Team should be available to assist you Monday to Saturday, from 7am to 10pm.

Redcliffe Dental Rooms : 020 7373 0007

www.redcliffedentalrooms.com